

Awakened Harmony, LLC d/b/a Paws for Joy

Enhancing well-being for humans and animals through energy work.

About Dawn

Throughout my lifetime, I have been blessed with family, friends, playmates, and teachers, many of whom have been animals. I have appreciated a special kinship with animals since I was a young child. So when my animal companions led me to energy work, I listened.

I am a Reiki Master Practitioner and Teacher of the Usui system of Reiki, Usui Shiki Ryoho, honoring the Reiki lineage of Usui, Hayashi, and Takata. I received my three levels of training and attunements from Reiki Master Libby Barnett at the Kripalu Center for Yoga and Health in Massachusetts, and at the Reiki Healing Connection in New Hampshire.

In addition, I am a Healing Touch for Animals® Certified Practitioner, and completed my training with Carol Komitor, its founder.

I have also received training through Healing Touch International, which provides similar techniques of energy work developed for use with people.

My training and experience have shown me that there are infinite ways that energy work can positively affect, support, and empower each of us. I am grateful to be able to offer services and classes to help people and animals live in balance and harmony. Energy work fascinates my mind and nourishes my spirit.

I am also an independent distributor of Young Living Essential Oils. These high quality therapeutic grade essential oils are a wonderful complement to the methods of energy work I offer to people and animals.

I am a Registered Reiki, Healing Touch for Animals®, and Healing Touch Professional with the Associated Bodywork and Massage Professionals, and honor its Code of Ethics.

In addition to offering these valuable services through *Awakened Harmony, LLC d/b/a Paws for Joy*, I use these methods for self-care, and offer them to family and friends, my companion animals, and in a volunteer capacity.

I offer sessions of energy work to humans and animals, and offer Reiki training, with the intent to help others enhance their well-being, harmony, and enjoyment of life.

In the Media:

You can read Dawn's interview and case study of a performance dog with noise and thunderstorm anxiety. Click on the following link to the [AnimalMassageGuide.com](http://animalmassageguide.com/healing-touch-for-animals/) blog featuring *Healing Touch for Animals*: <http://animalmassageguide.com/healing-touch-for-animals/>

"Northland Woman Uses Energy to Find Balance in Troubled Animals", Fox 21 News KQDS-TV, *Animal Tales* segment, aired November 6, 2009. To hear the interview and see Dawn offer energy work to a horse, click on the link:

<http://www.fox21online.com/animaltales/northland-woman-uses-energy-find-balance-troubled-animals>

"Paws for Joy" article in *Living North Magazine*, October 2009 issue. To read the article and interview with Dawn, click on the link (you may need to create or login to a free account): <http://www.duluthnewstribune.com/event/article/id/151255/>

Dr. Oz and Reiki: During a segment of his television program, Dr. Oz encouraged viewers to "Try Reiki" as his #1 doctor's order. He and his family are very familiar with Reiki -- his wife is a Reiki Master, and for decades Dr. Oz has invited alternative practitioners to complement patients' care in his medical practice. He refers to energy medicine as the medicine of the future, and thinks it "...may be ultimately the most important alternative medicine treatment of all." To view a **CNN International** segment about Dr. Oz and Reiki, click on the following link: <http://www.youtube.com/watch?v=HJ5eajLCzu0>.

In an interview entitled **"Reiki: Complementary Therapy"** on **ABC News' Healthy Life**, a Reiki practitioner gives a brief introduction to Reiki, and a father describes how Reiki has positively affected his son who has autism. Click the following link to view the segment: <http://abcnews.go.com/Video/playerIndex?id=4766794>

Contact Dawn with questions or to schedule sessions:

(218) 340-1901

Dawn@AwakenedHarmony.com

Young Living Essential Oils Member #1075105

Although I'm located in the Duluth, Minnesota area,
distant sessions are available for both people and animals.

"Until one has loved an animal, a part of one's soul remains unawakened."
~ Anatole France

I do not diagnose, prescribe, or treat specific health conditions.
The services offered through *Awakened Harmony, LLC* and *Paws for Joy* are not a substitute for traditional medical or veterinary health care, diagnosis, or treatment.
Consult with a licensed medical or veterinary professional for care as needed.

Inspirational Nature Photography of
Radiant Spirit Gallery

Images and reflections echoing the wilderness

If you enjoy the photographs on this website and would like to see many incredible images which honor and convey the energies and essence of Nature, please visit www.RadiantSpiritGallery.com.

My husband, Gary Fiedler, and I are outdoor photographers and share a deep reverence toward Nature. Our images inspire mindful appreciation for the outdoors and wilderness, and encourage nourishment of humans' innate interconnectedness with Nature. Please refuel your spirit with a visit.